

IES COLLEGE OF ENGINEERING

NATIONAL SERVICE SCHEME UNIT 186

JUNE 21 – YOGA DAY

Nss unit 186 of IES college of engineering organised A Yoga session on behalf of Yoga Day. The Awareness class was excellent. Our Resource person explained about certain postures of Yoga its benefits and helped us do it. He also enlightened us about the Healthy life style and Peacefulness that can be obtained through daily practicing Yoga and Meditation.



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APRIL 20 – EARTH DAY CLEANING



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JANUARY 29 – HEALTH CENTRE MAINTAINANCE WORK

Nss volunteers done the maintainance work in the adattu health centre including grass cutting ellectrical work, beautification, water tank cleaning, floor cleaning, painting etc.



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OCTOBER 18 – MAKING A HUMAN ENGINEER

On this day a seminar was organized by IES NSS Unit 186 along with Literacy and Science Club also with Ethics committee, and the seminar was by conducted by, DR. Satheesh Kumar (secretary, Pain and Palliative care society) And Prof. N.N Gokuldas (founder member, Pain and Palliative care society).



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NOVEMBER 18 - CHITILAPPILLY ROAD CLEANING

Nss unit 186 of IES college of engineering conducted Chittilappilly Road Grass cuttings works. The grasses falling to the sides of road was cut and dumped ,Also the fences nearby was cleaned.



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DECEMBER 1 – AIDS DAY

On December 1st, the world commemorates World Aids Day. People around the world unite to show support for people living with and affected by HIV and to remember those who lost their lives to AIDS. The inequalities which perpetuate the AIDS pandemic are not inevitable ;we can tackle them. NSS unit 186 volunteers take a pledge to fight against the disease as a community.



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DECEMBER 5 – QUIZ

On this day a quiz was organized by nss unit 186 along with state nss cell based on the topic one campus one ias. two volunteers were selected for the district level quiz from the unit. first prize-leslin shaju from eee s4 and second prize angel benny from eee s4

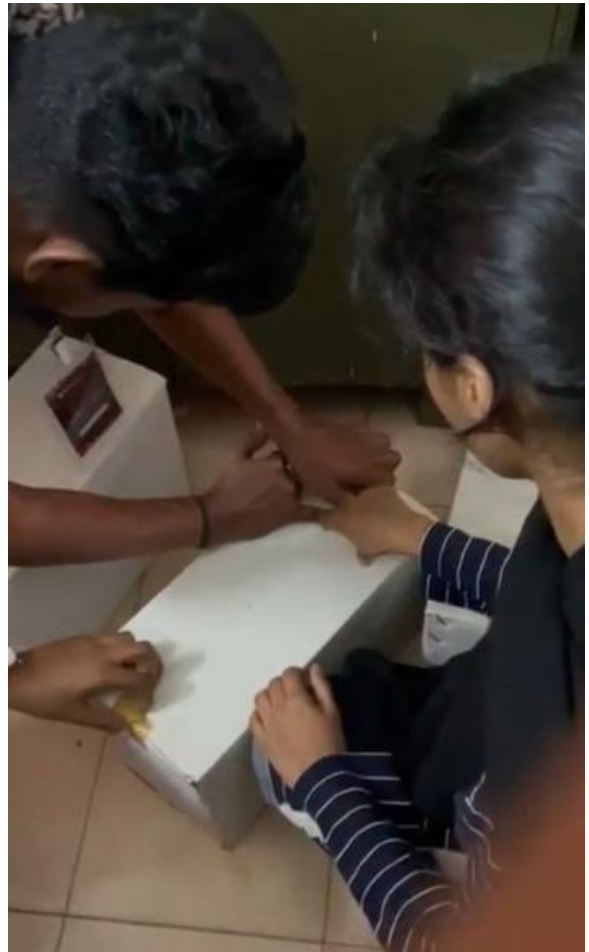


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DECEMBER 30 - PANCHAYATH DOCUMENTATION WORK

Volunteers done the documentation work in the mullassery panchayat including sorting of files, rearrangements, documenting of data.



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JANUARY 5 - PERAMANGALAM POLICE STATION CLEANING

Nss volunteers cleaned the surroundings of the peramangalam police station .there was an awareness session by the si for the the volunteers followed by the cleaning activity which ended by 4:30 pm. Refreshments were provided .



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JANUARY 6 - ANGANWADI MAINTENANCE AND CLEANING

NSS UNIT 186 of IES college of engineering conducted Campus beautification Nss unit 186 of IES college of engineering conducted Campus beautification at Chittilapilly Anganwadi. The Anganwadi compound was cleaned and arranged. The enclosing fence were cleaned and painted. And Cement masonry works were also conducted.



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JANUARY 19 - CHAVAKKAD BEACH CLEANING

As a part of nrpf flagship program the volunteers cleaned one of the major tourist spot of Thrissur. Refreshments were given. The work winded up by 4:30pm. it was adifferent expetience for all the volunteers.



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FEBRUARY 11 - SURVEY ON BIODEGRADABLE AND NON BIO DEGRADABLE WASTE

On the special request from the panchayat president of adattu panchayat nss volunteers done a survey on bio degradable and non biodegradable waste.volunteers covered around 4 wards in adattu panchyath



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FEBRUARY 19 - CHITILAPPILLY CANAL CLEANING

NSS volunteers cleaned the water canal in chittilappilly bus stop and also cleaned the bus stop surroundings



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DECEMBER 24 – VILANGAN HILLS Cleaning

We, the NSS volunteers of IES college of engineering technical cell unit 186 with the support of HARITHA KARMA SENA took part in the cleaning session of Vilangan kunnu Hills. Plastic wastes were removed from the surroundings.

